LIGHT HOUSEKEEPING IN CITIES.

BY CORNELIA C. BEDFORD.

to be found at a moderate rental, except in crowded tenement districts or outlying suburbs, both of which may be undesirable. The only alternative is lodgings with light housekeeping privileges. The "privi-leges" given with rooms usually means the use of gas for cooking, the lodger sup-plying the necessary utensils and small portable stove.

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In much cramped quarters the cooking must be done, as a rule, in the living room. Hence, if one wishes to be hygiente, it must be limited to methods and materials which will not leave clinging odors. When followed by prolonged ventilation pan-brolling may occasionally be indulged in, but frying never.

Shops for the sale of various cooked foods are common in some of our large cities and more are being opened in the smaller towns. These deficatessen—as the Germans call them—carry in stock cold cooked meats and poultry, cured and pickled fish, salads and sausages, small mutton and other meat pies, baked beans, etc. They have some drawbacks. The boiled meats all taste pretty much alike and too frequent purchases make them pall on one's appetite, yet in emergencies or as an occasional resource they are wonderfully helpful.

Another source of supply is the local Woman's exchange usually found in so many towns. They furnish home-made ples, cakes, canned fruits and certain specialties to be obtained upon order.

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Those fish, meats and vegetables which are quickly cooked are available for light housekeeping menus, but dishes requiring protracted stewing or baking are often objected to unless a special gas meter is in the house. Gas is mentioned as being the cleanest and easiest attainable fuel.

While the contents of a can of roast beef cannot be compared to a slice of trare roast just taken from the oven, or the canned variety equal to a platter of the hot boiled sweet ears of corn, it is recommended to the many who must use the tinned article or go without. Two rules are essential, however, and to be insisted. tinned article or go without. Two rule are essential, however, and to be insiste upon—the best grade only should be use and cans must be emptied as soon a

upon—the best grade only should be used and cans must be emptied as soon as opened.

Those who have not looked into the subject hardly realize the wide variety of canned goods now on the market. To gain a broader knowledge send to some large dealer in dry groeerles or to the grocery section of a department store for a catalogue; this will give a good and comprehensive list from which to select. Some of the newer articles to be canned are sweetbreads, sausages, plain crab meat, sliced smoked beef, beets, baked beans, sweet potatoes and spinach. Beside meat, fish and vegetables, there can be had scups which need only, the addition—of boiling water; plum pudding, with its appropriate sauce; Boston brown bread; fruit in every variety and from every climate. As an evidence that there is a demand for small quantities canners are now putting up several lines of goods in

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half-size tins.

It goes without saying that a certain amount of preparation must be given to all canned goods or they will quickly pall Despite directions on the printed label to "place the can in a saucepan of hot water over the fire for twenty minutes, then the proper and turn out." We would say never the present the property of ter over the fire for twenty minutes, then open and turn out," we would say never put an unopened can on the fire, whether in a saucepan or not. When the contents of the can are heated beyond a certain point the tendency is to explode. Besides it is not an easy matter to open a hot can. All cans should be opened cold. The can may, in case of necessity, be placed in a steamer or saucepan until the contents are smoking hot, but in most cases it is best to turn out the contents before heating. This should be done some time before the food is to be used, giving a chance for aeration and thus dispelling the "tinny" taste so frequently noticed chance for aeration and thus dispelling the "timpy" taste so frequently noticed and usually disliked. Vegetables canned in salted water—such as peas, beans, string beans and lima beans, should be thoroughly drained and repeatedly rinsed in cold water, covered with fresh water for an hour or so, then finally be drained and reheated in a little butter. So treated, there of the heat might have been to be the control of the co they have often been mistaken for the fresh article. To most varieties of soups an individuality may be imparted by the addition of some seasoning, such pinch of curry powder, a dash of celery salt, a few drops of onion or lemon juice or a little of one of the many made sauces such as Worcestershire or mush-

catsup. The list of salads which can be prepared is a large one, the prime requisite being a pure olive oil. Several kinds of made dressing are to be bought. Junket tablets, gelatine, preserved and crystallized fruits make the call for sweet dishes a

fruits make the call for sweet dishes a comparatively easy one to fill.

With a list elaborated from these suggestions it should be comparatively easy to plan for the one hearty meal of the day. With coffee, fruit, a cereal and perhaps eggs, breakfast can be quickly prepared. There are few large cities where the deliciously crusty Vienna rolls are not obtainable and where heavy cream for coffee and for whipping cannot be had. In the suggestive menus which follow it is supposed that a small portable gas burner stove can be used, allowing the cooking of two dishes at once. Where made dishes, such as a stew, are suggested the basis is canned goods.

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Breakfasts.—1. Fruit in season, shredded biscuit with cream, steamed hash, stewed potatoes, rolls, coffee.

2. Bananas with lemon juice, Grape-Nuts with cream, creamed dried beef, toasted English muffins, coffee.

3. Some cooked cereal with dates and cream, poached eggs with tomato sance, rolls, coffee.

Lunches.—1. Panned oysters, thin pilot

rolls, coffee.
Lunches.—l. Panned oysters, thin pilot wafers, jumbles, cocoa.
2. Scrambled eggs with calf's brains. toasted wafers, cocoa.
3. Crabs a la Newburg, olives, wafers,

tea.

Dinners.—I. Celery soup, sliced cold roast chicken, mashed potatoes. Lima beans, watercress salad, lemon jelly, coffee.

fee.

2. Petite marmite, creamed salmon with peas, macaroni, pickled beets, walnut and apple salad, steamed cup custards, coffee.

3. Mulligatawney soup, sliced whole ox tongue, boiled rice, spinach, egg and lettuce salad, moided chocolate blanc mange with cream, coffee.

YARNS ABOUT SANDY HOOK.

(New York Times.) (New York Times.)

Some of the kindred spirits who gathered daily in the smoking rooms of the steamship Amerika on her voyage which ended recently had fun with an English captain of infantry who served with distinction in the war in South Africa. The Briton had never before visited this country, but he had evidently heard much of the wonders to be found here, and if the stories told by the arriving passengers are true they found greater wonders for him than even the usual newcomer hears.

ders for him than even the usual newcomer hears.

When the vessel was nearing Sandy
Hook the Englishman was moved to inquire what sort of a place Sandy Hook
was and who lived there.

"Why, Sandy Hook isn't land," he was
told. "It's merely the place where the
big hook comes out to meet incoming
steamers."

This led the captain to ask other ques-

steamers."
This led the captain to ask other questions. He was told that the latest Yankee invention was a hook for towing big vessels into New York harbor. It was explained to him that a big hook was sent out on a powerful tug to grasp vessels and bring them into port. For this reason the place where the hook met steamers was called Sandy Hook.
"Remarkable!" said he.
The captain's friends further declared, with their hands on their hearts that late on Saturday night, when the Amerika was nearing the hook, the captain went on deek and remained there until nearly 5 o'clock in the morning, explaining that he did not wish to miss the sight of the hook coming out to meet the sight of the hook coming out to meet the

Amerika.

The captain had vanished before reporters could tell him what the other fellows were saying about him, but the other fellows said that was his modesty.

THE USUAL RESULT.

(Exchange.) "Did you hear about old man Jones? He fell upon a red-hot stove and Dr. Mendlein grafted the skin of a frog upon his face."
"What was the result?"
"He croaked."

ANNUAL DISPLAY OF EASTER FINERY



Great Easter Values in 2 5 New Spring Neckwear 2

Regular 50c Values

Hundreds of collars to select from at this price, tailored and fancy stocks, novelty embroidered and lace trimmed effects, linens, silks and cottons, in endless variety; also the new embroidered linen collars and the newest bow ties in great variety, all of the above in regular 50c qualities, specially priced at



Easter Ribbon Sale

SIRABLE SPRING RIBBONS. BIBBONS ARE EXTREMELY STYLISH

60c

35c

Annual Easter

OF STYLES SHOWN, IMMENSE

QUANTITIES AND SUPERIOR VAL. UES, SHOULD SURPASS EVERY

Dresden silk ribbons in 31/2 and 4 inches wide, exquisite floral effects; regular 40c and 45c ribbons. Sale price per yard Spring plaid ribbons in the new light summery colorings, beautiful rich effects, 75c grades cut to per yard

regular 50c values, cut to per yard

Black silk lustrous Messaline ribbons, 51/2 inches wide, soft finished; No. 1 Black Velvet Ribbon, satin back, woven edge, excellent quality, that sells at 60c per bolt of 10 yards. Special, per bolt

Irresistible Silks and **Dress Goods**

IN TIME FOR EASTER DRESSES DON'T EUY SPRING DRESS GOODS AND SILKS UNTIL YOU'VE EXAM-INED OUR REMARKABLE COLLEC-TIONS REFLECTING ALL THE NEWEST, FOREIGN AND DOMES-TIC DRESS GOODS AND SILKS FOR THE COMING SEASON.

Fashionable New Silks THESE ARE SURELY THE SILKS YOU WANT, CHARMING IN EVERY WAY, IN STYLE IN WEAVE, IN COLORING. THE SPRING SILKS ARE PRETTIER THAN EVER BEFORE. IT'S GOOD JUDGMENT TO COME TO A BUSY SILK DEPARTMENT AND THAT'S HERE, IF YOU MAKE SURE OF SECURING THE MAKE SURE OF SECURING THE NEWEST AND MOST STYLISH SILKS THE MARKET AFFORDS, AND AT LOWEST PRICES, HERE ARE A FEW OF THE MANY DESIR-ABLE SILKS SHOWN IN THIS UP-

TO-DATE DEPARTMENT. FANCY FIGURED CHECKED AND FANCY FIGURED CHECKED AND STRIPED NOVELTIES IN TAFFETAS, LOUISINES AND MESSALINES, ALL THE DESIRABLE PLAIN SILKS SUCH AS TAFFETAS, PAILETTES, FAILES, MESSALINES, PONGEES, HABUTAIS, PEAU DE CYGNES, BEAUTIPULY NEW DOTTED SATIN AND SILK FOULARDS, NOVELTY STRIPES, PLAIDS AND HAIR LINE CHECKS AND STBIPES.
OF COURSE THE STAPLE BLACK SILKS ARE A SPECIAL FEATURE SILKS ARE A SPECIAL FEATURE HERE IN ALL WIDTHS. WE QUOTE THE LOWEST PRICES AND YOU MUST SEE THE QUALI-TIES TO JUDGE OF THEIR SUPERI-

FANCY SILKS PRICED AT 65c, 73c, 85c, \$1.00, \$1.25 and up.
PLAIN SILKS PRICED AT 50c,
75c, \$1.00, \$1.25 AND UP.

Spring Dress Goods THOUSANDS OF YARDS HAVE BEEN ADDED TO OUR STOCK DUR-ING THE PAST WEEK, THE CHOIC-ING THE PAST WEEK, THE CHOICEST PRODUCTION OF THE LOOMS
OF AMERICA AND EUROPE, VOILE
SO EXTERNELY STYLISH IN ALL
THE LEADING SPRING SHADES,
THE EXQUISITE MARQUISETTES,
THE NEW NOVELTIES IN BROKEN
CHECKS, PLAIDS, STRIPES,
DLOCKS, ETC. IN PANAMAS, WOOL
TAFFETAS, BATIETES AND EVERY
OTHER FABRIC THAT'S NEW AND
FASHICNABLE. THERE'S EVERY
GOOD RE'SON WHY YOU SHOULD
BUY YOUR EASTER DRESS MATERIALS HEPE. YOU'LL FIND THE
LARGEST, BES" AND MOST COMPLETE DISPLAY AND BECAUSE OF
THE TREMENDOUS VOLUME OUR
SALES AND PURCHASES AND OUR
WELL-KNOWN POLICY OF SELL-SALES AND PURCHASES AND OUR WELL-KNOWN POLICY OF SELL-ING AT THE CLOSEST MARGIN. YOU WILL FIND OUR PRICES FULLY 25 PER CENT LESS THAN SIMILAR FABRICS ARE SELLING FOR ELSEWHERE. WE SHOW VALUES THAT DEFY ALL COMPETITION, AT 69c, 75c, \$1.00, \$1.50 AND \$2.00.

Spring Models in Coats, Suits, Waists and Skirts

We feel that our line of Spring Garments for women is more than usually attractive this season, not only because of the variety, but because we seem to have been especially fortunate in securing most distinctive and becoming styles

Striking Models in

Misses' Spring Suits

These suits compare favorably with those marked \$18.50 to \$20.00 elsewhere. Come novelty mixtures and checks, nobby pony jacket, skirts full pleated, perfect fitting, extra well tailored, trimmed in neat dressy style with tailored self straps.

Smart Spring Suits

such clever suits at such a low price as we are in this sale. The styles are of that character as one only finds in the higher priced lines, all chic Eton or short jacket styles. Among them will be found all the new shades of the season. The skirts are smart plaited models.' The fabrics are the best, including the season's choicest. See these; they will please you.

Stylish New Black Voile **Dress Skirts**

The greatest surprise of the spring season. A voile skirt at the low price of \$10.00. We couldn't possibly offer these skirts for less than \$15.00 had not the maker needed cash and sacrificed his profit. They are made with side plants alternated with how side pleats, alternated with box pleats. EXTRAORDINARY

Chiffon Taffeta and Panama Dress Skirts

Stylish spring plaited models, some handsomely trimmed with braids or self folds and but-tons, all extreme flaring at the bottom, perfeet fitting, extra qualities, skirts which we compare to any shown elsewhere at at \$11,00 to \$15.00. OUR \$8.95 SPECIAL PRICE .

That \$25 Suit Is a Wonder!

Our special, which we believe is better than any other \$25.00 suit in the city, is here in all the new spring shades, with, perhaps, a preponderance of gray in light checks and fancy mixtures. All the new models in coats and skirts are shown in this \$25.00 special.

Three Waist Department Specials for Monday and Week



PERSIAN LAWN WAISTS with exquisitely paterned lace and embroidery applied in the newest fashion. Ex-traordinary special-

\$1.35 ECRU OR WHITE NET WAISTS, entirely new and dashing spring

and medallions, over silk lining. Extraordi-nary special— \$4.95

CHIFFON TAFFETA AND MESSALINE SILK WAISTS-Open front, long and % length sleeves in black only, light weight, front of yokes made with fine pin tucks alternated with wider tailor stitched tucks, a most beautiful plain tailored waist. EXTRAORDINARY SPECIAL

NOBBY SILK JUMPER SUITS

striped taffeta silk and polka dot foulard. Two very effective models in all the desirable spring shades, representing the newest ideas.

Splendid Showing New Spring Suits, Specially Priced—

At this price are our prettiest, jauntiest models in Etons and tight-fitted tailored styles or nobby peny jackets. We are justly proud of this collection. The workmanship and trimmings are perfection itself, and no detail that could possibly improve them is lacking. The materials are in a wide range of broadcloths, worsteds, Panamas, voiles, mixtures and the new stripes, plaids and checks. Come in all sizes for women, small women and thisses. An unusurally women, small women and misses. An unusually handsome assortment of suit.

NEW 1907

Spring Coats

WE HAVE A MOST BEAUTIFUL ASSORT-MENT OF THE LATEST DEAS IN OUTER WRAPS FOR BOTH LADIES AND CHIL-DREN. NEARLY EVERY STYLE IS IN-CLUDED, LONG TIGHT-FITTING, SHORT PONY, JAUNTY ETON AND THE MUCH. LIKED LOOSE BOX STYLE IN SILK. CHECKS AND PLAID, NOVELTY LACE AND BRAID, BUT FOR THIS WEEK'S SPECIAL WE OFFER AT THE LOW PRICE OF \$4.95 TWO GOOD STYLES-

Choice \$4.95

STYLE 1—Black Taffeta Silk Etons, satin lined, fancy braid trimmed, all sizes. STYLE 2—Large variety of Ladies' and Misses' Box Coats, novelty checks and fancy stripes, velvet collar, patch pockets, all sizes.

20-button length Mousquetaires kid gloves in black and white, exquisite, soft French kid stock, \$4.50 Continuation of the Wonderful Sale of

Tine Laces

Triumph short kid gloves,

Elbow length silk finished lisle gloves

8-button Glace kid gloves in black and white, regular \$2.50

gloves, special at..... \$1.95

12-button Mousquetaire Glace kid gloves, soft, velvety skins, \$3.50 hest colors, per pair

16-button Mousquetaire kid gloves,

per pair

handsome shades of tans, browns, champagnes, greens, navy, exblood, etc., also black and white, \$4.00 per pair

new spring shades,

per pair .

in best colors,

At Savings of **OVER HALF!**

ALLOVERS, BANDS, EDGES, ME DALLIONS, ORNAMENTS, FES TOONS, ETC., ETC., IN VENICE, BABY IRISH, POMPADOUR AND MESH LACES, ALL THE MOST DE-SIRABLE LACES TO BE USED THIS SPRING IN THE NEW PARIS GRAY, WHITE AND ECRU SHADES.

Venice lace edges, insertions and me-dallions, \$1.35 to \$2.00 Wide, heavy laces, insertions and ornaments, in white and ecru, \$2.50 to \$3.00 values,

All-Over Venice Laces

\$1.50 to \$2.25 qualities.....

\$2.50 to \$4.00 qualities.....

Spring Sale of FINE TABLE LINENS AND NAPKINS AT PRICE CONCISSIONS THAT WILL PROVE POWERFUL INDUCEMENTS WHY YOU SHOULD LAY IN YOUR IMMEDIATE AND PUTURE LINEN NEEDS AT ONCE. DO IT NOW.

BLEACHED AND CREAM DAMASKS NAPKINS

dice damask, regular 35c grade, this sale.	62-inch full bleached floral damasks, Irish manufacture lar 85c value, in this sale, per yard
64-inch figured cream damask, ex- cellent designs to choose from, 40c quality, in this sale per yard	de-inch cream damask, extra quality and heavy durable excellent patterns to select regularly sold at \$5c, spec
or inch unbleached loomdice or fig- ured table damask, heavy quality, excellent wearing value, regular 63° grade, in this sale per yard	this sale, per yard. 70-inch extra heavy Scotch damask, spots, fleur de li figured patterns, plain or borders, regular values
if-inch full bleached figured dam- ask, extra good grade and regular 65c quality, in this sale, per yard 50c	special sale price per yard 70 and 72-inch superior satir ask, all pure linen and newe

50c 70 and 72-inch superior satin damask, all pure linen and newest patterns, regular \$1.35 grade, in 62-inch all pure linen cream damask, every thread pure linen, fine range of patterns, regular 75e values, in this sale, per yard 98c
% size napkins to match, per dozen \$3.25

inches square, all ready 49c for use, per dozen % size all linen imported \$1.00 napkins, per dozen.... 22-inch linen damask napkins, Irish manufacture, \$1.25 22-inch Irish linen damask napkins, excellent patterns,

per dozen \$1.50 22-inch all pure linen damask nap-kins, finest grades, \$2.00 grades, \$2.00 per dozen 23-inch extra heavy all linen damask, rich designs and highest quality, spots, fleur de lis, \$2.50 etc., per dozen

towels, 10e values hemmed huck 121/2c hemmed huck tow-els, 16x30 size 10c

15c colored border hemmed 121/2C huck towels, 18x36.... Half linen bemmed buck towels, sizes 16x30 to 20x40, exceptional values, worth up to 25c each, sale price only..... 15c

All linen towels, plain or colored borders 18x36 to 22x42, values up to 45c in this lot, 29c

NOTE-All Table Linens and Napkins Bought During This Sale will Be **HEMMED FREE!**

We Are Exclusive Agents in Salt Lake City for the

Ladies Home Journal **Patterns**

10c and 15c EACH